CSF Community Connection

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April 2016



csfhome.org



Our new website is up and running! For your convenience, you can now pay your rent, submit a non-emergency maintenance request, or report a problem anonymously online. You can also view our available rental properties and read past newsletters. Follow us on Facebook too!

You can find us at csfhome.org www.facebook.com/CommunityServiceFoundation

Our mission at Community Service Foundation is to provide a healthy living environment, quality of lifestyle, support services and training to put the family on the road to self-sufficiency, financial stability and self-respect.

Individual rental units and egresses (doorways/porches) are at present smoke free and this policy will be enforced. Effective April 15, 2016, smoking will not be allowed on Community Service Foundation property.





How to Quickly Clean Your Oven

A regular wipe-down keeps the grime from building up.

1. Remove the racks and drip pans, and clean them with a damp paper towel. Wipe down all surfaces inside your oven.

2. If you see a small bit of burned-on gunk, remove with a nonabrasive scrubber. Use a scrub brush to clean the racks, dry, and put back in.

Heloise Hint: If something spills over while baking,

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Spring Cleaning Tips

pour table salt on it, and when the oven is cool, you will have a much quicker cleanup. Give the oven window a good rubdown with vinegar and water.

How to Clean Out Grime From the Microwave

Here's an easy way to wipe out microwave grime: 1. Place inside a 4-cup

large microwave-safe bowl that contains 1 cup of water and a choppedup lemon, lime, or orange or several tablespoons of vinegar.

2. Turn on High for several a sponge dampened minutes or until the solution boils and the window is steamy. a sponge dampened with water only. If the window is greasy, clean with a mixture of half

3. Let it sit to cool for 15 minutes before opening the door. Remove and wipe out inside.



4. Clean the rubber gasket around the door with a sponge dampened with water only. If the window is greasy, clean with a mixture of half vinegar and half water, then dry.

Shower Walls

The easiest way to rid your shower tiles of grout is regular upkeep, which is why our cleaning expert Heloise says you should run a squeegee over tile after every use. By drying the walls, you'll prevent mildew stains.

Find more cleaning tips at http:// www.goodhousekeeping.com /home/cleaning/



BLAST Friday is a FREE monthly street festival on the last Friday of each month. On April 24th the event will celebrate Clearwater's Centennial with a classic street party featuring music from Southside Johnny and the Asbury Jukes, a variety of vendors, as well as food, beer, wine and non-alcoholic beverages. District retailers and restaurants are open during BLAST Fridays with outdoor dining available on Cleveland Street.



Learn CPR For Free At Clearwater Fire & Rescue

To register for a class, residents need to contact Deborah Humes at 727-562-4334, Ext. 3048, or by email atdeborah.humes@myclearwat er.com. Registrants are asked to provide their names, address, phone and email, along with their preferred class date. The courses are only available to residents of the City of Clearwater.

April 16, May 21, June 18, July 16, Aug. 20, Sept. 17, Oct. 15 and Nov. 19

http://patch.com/florida/clearwater/learn-cprfree-clearwater-fire-rescue-0



Upcoming class dates include



Florida's 511 Traveler Information System is one of the most effective ways drivers can keep informed about roadway conditions during severe weather, evacuations and emergencies. FDOT provides 511 to help Floridians get vital roadway information during an emergency: hurricanes, flooding, wildfires, high winds and others.

What kind of information does 511 provide?

511 provides locally generated reports on:

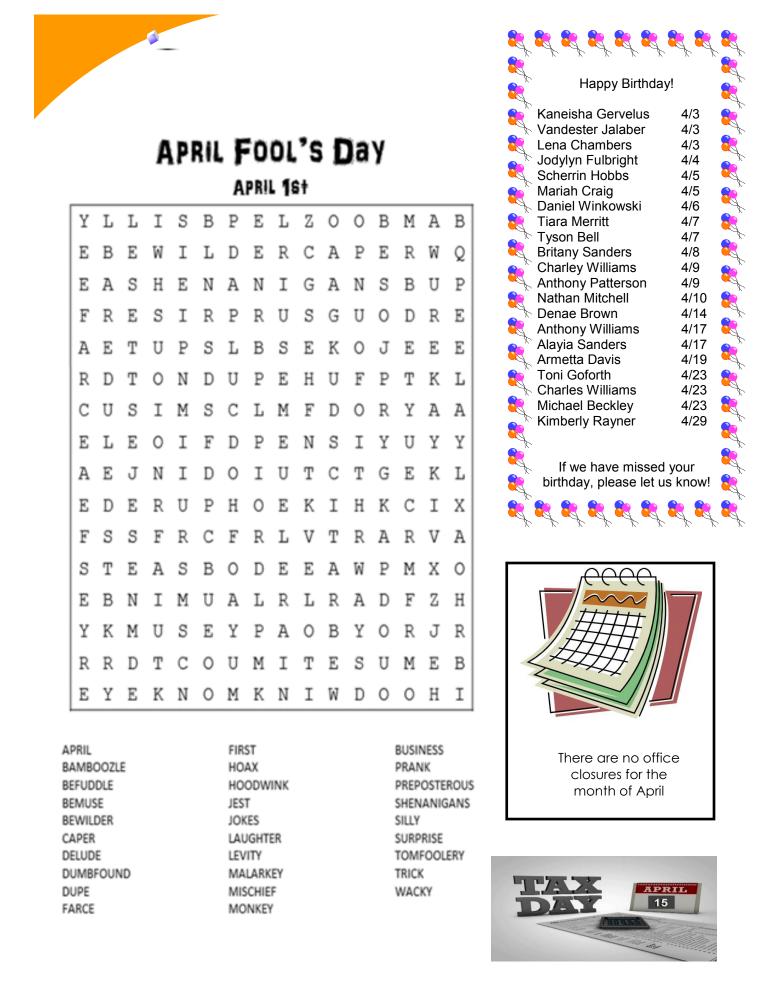
- Traffic conditions on major evacuation routes
- Road and bridge closures
- Toll suspensions
- Other travel alerts in affected counties, cities, roadways and agencies

511 also provides AMBER, Silver and LEO (Law Enforcement Officer) alerts

What's the best way to use 511 in an emergency?

Plan ahead! Check out the recommended Evacuation Routes from the Florida State Emergency Response Team (SERT). Then register for a My Florida 511 account and set up one or more personalized evacuation routes. During an emergency, you can get real-time information on your planned routes via the 511 phone call or app; or request email, text or phone alerts to be sent to you. You can also call 511 or visit FL511.com before you head out for up-to-the-minute reports. The website has traffic camera images, so you can see current conditions for yourself.

If you're driving, have a passenger check 511 for you, or stop at a rest area or other facility before checking 511. Courtesy of http://www.fl511.com/



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April 2016 — National Child Abuse Prevention Month Keeping Your Family Strong

Every family has strengths, and every family faces challenges. When you are under stress—the car breaks down, you or your partner lose a job, a child's behavior is difficult, or even when the family is experiencing a positive change, such as moving into a new home—sometimes it takes a little extra help to get through the day.

Protective factors are the strengths and resources that families draw on when life gets difficult. Building on these strengths is a proven way to keep the family strong and prevent child abuse and neglect.

What You Can Do

Nurturing and Attachment

- Take time at the end of each day to connect with your children with a hug, a smile, a song, or a few minutes of listening and talking.
- Find ways to engage your children while completing everyday tasks (meals, shopping, driving in the car). Talk about what you are doing, ask them questions, or play simple games (such as "I spy").

Knowledge of Parenting and Child Development

 Explore parenting questions with your family doctor, your child's teacher, family, or friends.

- Subscribe to a magazine, website, or online newsletter about child development.
- Take a parenting class at a local community center (these often have sliding fee scales).
- Sit and observe what your child can and cannot do.
- Share what you learn with anyone who cares for your child.

Parental Resilience

- Take quiet time to reenergize: Take a bath, write, sing, laugh, play, drink a cup of tea.
- Do some physical exercise: Walk, stretch, do yoga, lift weights, dance.
- Share your feelings with someone you trust
- Surround yourself with people who support you and make you feel good about yourself.

Social Connections

 Participate in neighborhood activities such as potluck dinners, street fairs, picnics, or block parties.



• Join a playgroup or online support group of parents with children at similar ages.

Concrete Supports for Parents

- Make a list of people or places to call for support.
- Ask the director of your child's school to host a Community Resource Night, so you (and other parents) can see what help your community offers.
- Dial "2-1-1" to find out about organizations that support families in your area.
 - Social and Emotional Competence of Children
- Provide regular routines, especially for young children. Make sure everyone who cares for your child is aware of your routines around mealtimes, naps, and bedtime.
- Talk with your children about how important feelings are.
- Teach and encourage children to solve problems in age appropriate ways.

Courtesy of www.childwelfare.gov





csfhome.org



Facebook.com/CommunityServiceFoundation

@csfpinellas

Linkedin.com/company/Community-Service-Foundation





Celebrate Dunedin Scottish Arts Foundation's 50th Anniversary with this Scottish themed Festival! Family friendly fun!

Start on : April 2, 2016 8:00 AM Saturday End on : April 2, 2016 7:00 PM Saturday

There will be a Pipe Drone Pub, Border collies and sheep dog demonstrations, Heroes Tug of War and more!

There will also be 40 different clans and societies, a wide variety of food and craft beers, wine and cider! There is also an area for the kids!

> Highlander Park 903 Michigan Blvd

Dunedin, FL 34698



Blast Friday: Home Cookin' Street Festival

April 29, 2016

Get ready for a free party in the street featuring the best locally home grown bands, including The Greg Billings Band, The Black Honkeys, Betty Fox and more! Located in the Cleveland Street District of downtown Clearwater, the family-friendly street festival kicks off at 5:30 p.m. Upgraded VIP tickets are available at rutheckerdhall.com.

Courtesy of http://dunedinhighlandgames.com/

Save The Date

CSF Annual Golf Tournament

September 15, 2016

The Bayou Club 7979 Bayou Club Boulevard | Largo, Florida 33777

Homework Helpline

Call (727) 547-7223 or (727) 422-3226. The phone is staffed 5-8 pm Monday-Thursday during the school year.

AskALibrarian.org 🦁

<u>Ask a Librarian</u> is staffed by reference librarians from around Florida who are available to help with homework or research projects.

A friendly reminder...

Rent Payment Reminder

Rent is always due on the 1st.



Rent payments are due on the 1st day of each month. A late fee will be assessed if rent is not received in the rental office by

the 5th of the month. For your convenience, you can now pay your rent payments on our website:

csfhome.org

Homeless Emergency Project, Inc. (HEP) 1120 North Betty Lane Clearwater, Florida 33755 727.442.9041

Community Housing Assistance Program (CHAP)

The Homeless Emergency Project, Inc. in partnership with Pinellas County Community Development and Emergency Solutions Grant (ESG) through Housing and Urban Development (HUD) is currently administering assistance for all individuals and families eligible for community housing resources. Community Housing Assistance is available to assist eligible applicants avoid potential homelessness by eliminating rental payments in arrears, providing one on one housing counseling to ensure the stability of their new housing situation and by providing move in costs in instances of homelessness.

Eligible Participants must meet HUD's definition of homeless and at risk of homeless. Participants receiving homeless prevention assistance must be:

- 1. An individual or family who:
- Has an annual income below 30% of median income for the area as determined by HUD
- Does not have sufficient resources or support networks, e.g. family, friends, faith based or other social networks immediately available to prevent them from moving to an emergency shelter or places not meant for human habitation.

Meets one of the following conditions:

A. Has moved because of economic reasons two or more times during the 60 days immediately preceding the application for homelessness prevention assistance;

- B. Is living in the home of another because of economic hardship;
- C. Has been notified in writing that their right to occupy their current housing or living situation will be terminated within 21 days after the date of application or assistance;
- D. Lives in a hotel or motel and the cost of the hotel stay is not paid by charitable organizations or by Federal, State, or local government programs for low income individuals;
- E. Lives in a single room occupancy or efficiency apartment unit in which there reside more than two persons or lives in a larger housing unit in which there resides more than 1.5 persons per room, as defined by the U.S. Census Bureau;
- F. Is exiting a publicly funded institution or system of care (such as a health care facility, mental health facility, foster care or other youth facility or correction program or institution; or
- **G.** Otherwise lives in housing that has characteristics associated with instability and an increased risk of homelessness.



www.hepempowers.org

