

CSF Community Connection

Volume 3, Issue 3

March 2016



The Auto Club Group Traffic Safety Foundation and Budweiser provide the Tow to Go service to discourage impaired drivers from getting behind the wheel and risking the lives and safety of other motorists.

St. Patrick's Day

March 17th (Thursday)

March 17th - 6 a.m. on March 18th

Phone Number

(855) 2-TOW-2-GO or (855) 286-9246

- ⇒ Confidential local ride within a 10-mile radius to a safe location
- ⇒ Service is provided in Florida, Georgia and Tennessee
- ⇒ Free and available to both AAA members and non-members
- ⇒ The AAA tow truck takes the vehicle and the driver home



Our mission at Community Service Foundation is to provide a healthy living environment, quality of lifestyle, support services and training to put the family on the road to self-sufficiency, financial stability and self-respect.

Renter's Insurance

Effective 6/30/2016, all Community Service Foundation tenants will be required to provide proof of valid, current renter's insurance on their rental property





Energy Saving Tips

Fill Up: Fill up those appliances! Make sure the dishwasher is full before running a load, and try to wait until you have a full load of laundry to hit the washing machine. This method not only reduces your water and power usage but also ultimately saves you money on detergents. Also, when you run the washing machine, use cold water as much as possible. The large majority of power used by a washing machine is in heating the water—the motor itself uses very little.

Power-Strips: Many appliances continue to draw power even when not in use adding

unnecessary expense to utility bills. One solution is to unplug appliances when not in use, but this is often not practical. Another solution is to use standard power strips to power down electronics hot-spots in your home when you're not there or asleep. For example, by plugging your TV, stereo, DVD, DVR etc. into one power strip, you can simply turn off the power strip before you leave for work in the morning or when you go to bed at night. Alternatively, there are now smart strips; power strips that can sense when an appliance is no longer in use and automatically shut off the power

being drawn from the wall socket.

Turn the Lights Off: A classic, easy solution to overwhelming energy bills. If no one is using a room, turn the lights off. Make sure your kids get in the habit of this, too. You can also take this one step further by applying the habit to all electronics: if you're

not using it, unplug it. This habit eliminates any passive electrical draw that your appliances and electronics might be responsible for.

Be Vigilant: Keep your eyes out for little things you can do every single day to cut utility costs. Whether it's taking a shorter shower instead of a bath, not over-drying your clothes, or going into a room where someone else is to share light. If you're looking, you can almost always find a way to live greener—and save a little more money while you're at it.



Courtesy of <http://www.rent.com/>



Blast - Atlanta Rhythm Section

Friday 03/25/2016 @ 5:30 PM

Blast Friday returns with a FREE concert from southern rockers Atlanta Rhythm Section along with a bunch of fun activities for the entire family to enjoy! Located in the Cleveland Street District of downtown Clearwater, the family-friendly street festival kicks off at 5:30 p.m.

A Note from Maintenance

To better serve our tenants:

- 1) Submitting a maintenance request prior to 9am will provide maintenance with a better opportunity to complete the work order or assess the issue in the same day
- 2) If your faucet handles are difficult to turn, please let us know so that a larger repair can be avoided



Cyberbullying

What is Cyberbullying?

Cyberbullying is bullying that takes place using electronic technology. Electronic technology includes devices and equipment such as cell phones, computers, and tablets as well as communication tools including social media sites, text messages, chat, and websites.

Examples of cyberbullying include mean text messages or emails, rumors sent by email or posted on social networking sites, and embarrassing pictures, videos, websites, or fake profiles.

Why Cyberbullying is Different

Kids who are being cyberbullied are often bullied in person as well. Additionally, kids who are cyberbullied have a harder time getting away from the behavior.

- Cyberbullying can happen 24 hours a day, 7 days a week, and reach a kid even when he or she is alone. It can happen any time of the day or night.
- Cyberbullying messages and images can be posted anonymously and distributed quickly to a very wide audience. It can be difficult and sometimes impossible to trace the source.
- Deleting inappropriate or harassing messages, texts, and pictures is extremely difficult after they have been posted or sent.

Effects of Cyberbullying

Cell phones and computers themselves are not to blame for cyberbullying. Social media sites can be used for positive activities, like connecting kids with friends and family, helping

students with school, and for entertainment. But these tools can also be used to hurt other people. Whether done in person or through technology, the effects of bullying are similar.

Kids who are cyberbullied are more likely to:

- Use alcohol and drugs
- Skip school
- Experience in-person bullying
- Be unwilling to attend school
- Receive poor grades
- Have lower self-esteem
- Have more health problems



How to Talk About Bullying

Parents, school staff, and other caring adults have a role to play in preventing bullying. They can:

- Help kids understand bullying. Talk about what bullying is and how to stand up to it safely. Tell kids bullying is unacceptable. Make sure kids know how to get help.
- Keep the lines of communication open. Check in with kids often. Listen to them.

Know their friends, ask about school, and understand their concerns.

- Encourage kids to do what they love. Special activities, interests, and hobbies can boost confidence, help kids make friends, and protect them from bullying behavior.
- Model how to treat others with kindness and respect.

Help Kids Understand Bullying

Kids who know what bullying is can better identify it. They can talk about bullying if it happens to them or others. Kids need to know ways to safely stand up to bullying and how to get help.

- Encourage kids to speak to a trusted adult if they are bullied or see others being bullied. The adult can give comfort, support, and advice, even if they can't solve the problem directly. Encourage the child to report bullying if it happens.
- Talk about how to stand up to kids who bully. Give tips, like using humor and saying "stop" directly and confidently. Talk about what to do if those actions don't work, like walking away
- Talk about strategies for staying safe, such as staying near adults or groups of other kids.
- Urge them to help kids who are bullied by showing kindness or getting help.
- Watch the short webisodes and discuss them with kids.

Courtesy of <http://www.stopbullying.gov/>

Important Reminder

EFFECTIVE IMMEDIATELY, CSF STAFF WILL NO LONGER PROVIDE LOCKOUT ASSISTANCE DURING NON-BUSINESS HOURS. IF YOU ARE LOCKED OUT OF YOUR APARTMENT AFTERHOURS AND REQUIRE IMMEDIATE ASSISTANCE, YOU MAY CONTACT A LOCKSMITH AT YOUR EXPENSE



Office Closure

Beginning 2/19/2016, the main office will be closing at NOON the THIRD Friday of every month



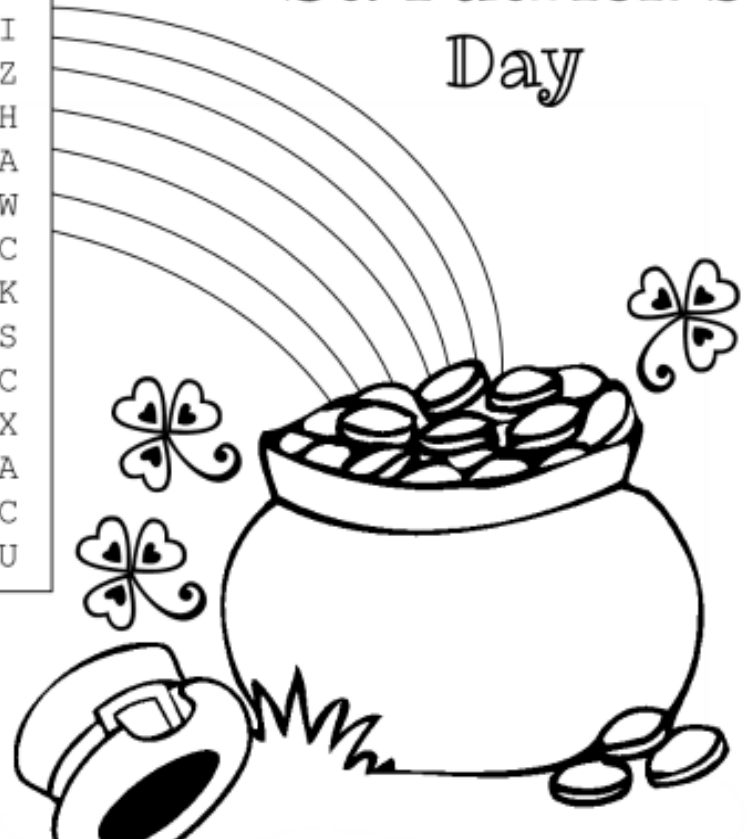
Happy Birthday!

Shirley Cotton	3/2
Chamika Campbell	3/5
Catherine Tisdale	3/6
Kanasha Williams	3/6
Kiauna Tillman	3/7
Anaya Carollo	3/12
Brett Wiederhold	3/15
Tashani Hobbs	3/15
Caiden May	3/16
Alana Davis	3/17
Connor Fulbright	3/21
Malachi Ransome	3/22
Segismund Gordon	3/23
Janisse Amahya Lane	3/23
Felicia Daniels	3/27
Aisha McGee	3/31

If we have missed your birthday, please let us know!

L D N H V T V R E V O L C H D
 V E I E X Q A G J S X Q R C H
 B Q P O E I F Q D H N K K R I
 Z B D R N R X X M A W J A A Z
 V D X B E V G B M M Y R A M H
 Q S O P L C R C G R G O L D A
 N W Q O Q U H W D O N G S W W
 O Z W T T N C A N C D J N C C
 W J A F Z Q I K U K B M J X K
 H P E S H I W Q W N G C D D S
 M X F S Q G D Z Z R Y X O I C
 D C I Z K T X B H C C X M O X
 D R A M O C Q L T V B O F Z A
 I K T K C U G I A Y E Q G D C
 O R H P I Q W P M G F K V V U

St. Patrick's Day



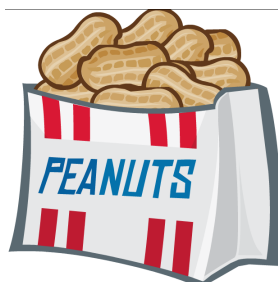
CLOVER
 GOLD
 GREEN
 IRISH
 LEPRECHAUN

LUCK
 MARCH
 POT
 RAINBOW
 SHAMROCK

March 2016 — National Peanut Month

Fun Peanut Facts

- It takes about 540 peanuts to make a 12-ounce jar of peanut butter.
- There are enough peanuts in one acre to make 30,000 peanut butter sandwiches.
- Delta Airlines purchased 69.6 million packs of peanuts for its passengers in 2013
- By law, any product labeled "peanut butter" in the United States must be at least 90 percent peanuts.
- The world's largest peanut butter factory churns out 250,000 jars of the tasty treat every day.
- Four of the top 10 candy bars manufactured in the USA contain peanuts or peanut butter.
- Peanuts account for two-thirds of all snack nuts consumed in the USA.
- Peanuts contribute more than \$4 billion to the USA economy each year.
- Americans spend almost \$800 million a year on peanut butter.
- The average peanut farm is 100 acres.
- Peanut butter/peanut paste is the leading use of peanuts produced in the U.S. (1/2); followed by snack nuts and in-shells (1/4); and, candy and confections (1/4).
- Peanuts are the #1 snack nut consumed in the U.S., accounting for two-thirds of the snack nut market.
- Peanuts are one of the star ingredients in a Snickers bar and each bar contains about 16 peanuts. About 100 tons of peanuts go into making the 15 million Snickers bars that are produced by Mars, Inc. every day.
- The average American consumes more than six pounds of peanuts and peanut butter products each year.
- The average child will eat 1,500 peanut butter and jelly sandwiches before he/she graduates high school.
- Americans consume on average over 1.5 billion pounds of peanut butter and peanut products each year.
- Peanut butter is consumed in 94 percent of USA households.
- Americans eat enough peanut butter in a year to make more than 10 billion peanut butter and jelly sandwiches.
- The amount of peanut butter eaten in a year could wrap the earth in a ribbon of 18-ounce peanut butter jars one and one-third times.
- There are over 700 known phobias. Archi-butyrphobia (pronounced A'-ra-kid-bu-ti-ro-pho-bi-a) is the fear of getting peanut butter stuck to the roof of your mouth.



Courtesy of <http://nationalpeanutboard.org/the-facts/fun-facts/>

Easter Egg Hunt in Coachman Park

The Clearwater Community Volunteers hold an Annual Easter Egg Hunt on Easter Sunday, at beautiful Coachman Park in downtown Clearwater. The event starts at 12:00 Noon and goes until 2:00 pm, with a petting zoo, pony rides, bouncy house, giant blow up slide, face painting, live entertainment, and more, plus the main event—the Easter Egg Hunt—which happens exactly at 12:30 pm.

Please do not be late or your child will miss the chance to find the very coveted Golden Eggs that win a number of lucky children a free stuffed bunny.

<http://clearwatercommunityvolunteers.org/easter-egg-hunt-in-coachman-park/>



Find us Online

} Volume 3, Issue 3



csfhome.org



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[Linkedin.com/company/Community-Service-Foundation](https://www.linkedin.com/company/Community-Service-Foundation)

FREE ADMISSION

VETERANS OF SOUTH PINELLAS COUNTY
6th Annual *Presents the*
SALUTE TO THE MILITARY
2016

Saturday, March 19
10 am - 5 pm • Horan Park
7701 Boca Ciega Drive, St. Pete Beach, FL 33706

A Charity Event Benefitting

SUPPORT THE TROOPS
www.OurTroopsOnline.org

BUILDING HOMES FOR HEROES

VETERANS OF SOUTH PINELLAS COUNTY

Featuring:

- ★ Competition Car Show
- ★ Family Fun All Day
- ★ Exhibits, Vendors, Food & Beer
- ★ Free Concert
- ★ Military Enlistment Ceremony
- ★ Military & Rescue Vehicles
- ★ BloodMobile
- ★ Kid's Fishing Rodeo - 2:00pm

For more information visit: www.VetsofSPC.org
Find us on: Facebook/Veterans-of-South-Pinellas-County-inc
or call: 727-244-1117

O'Keefe's St. Patrick's Day Tent Festival

Thursday, Mar 17, 2016
1219 S Ft Harrison Ave, Clearwater, FL 33756

Come party under the big tent! A Family friendly afternoon event! Bagpipers, Irish Dancers, Rock Wall, and more! Corned beef and Cabbage, Green Beer, and more. Drink Specials all night! Free Parking!! Craft beer, beer tastings and more!

\$5 cover for adults 18+ after 5pm



PIER 60 SUGAR SAND FESTIVAL April 15th-24th, 2016

Activities for all ages including a children's play area, street performers, artisans and crafters, live entertainment, fireworks, sand sculpting classes, speed sand demonstrations, master sand sculpting competition, and the main attraction, The Sugar Sand Walk Exhibit.

CLEARWATER COMIC COM



Homework Helpline

Call (727) 547-7223 or (727) 422-3226. The phone is staffed 5-8 pm Monday-Thursday during the school year.

AskALibrarian.org 

Ask a Librarian is staffed by reference librarians from around Florida who are available to help with homework or research projects.

SMOKING CESSATION Tools To Quit (open to the public and free) Thursday, March 24, 2016 | 1:00pm - 3:00pm

Location: [Florida Department of Health Pinellas - Clearwater Center](#)

The Tools to Quit program is a two hour class that will provide you with valuable tools you need to help you quit tobacco. These include:

- How to prepare a plan that works for you
- Specific ways to deal with cravings
- What physical and emotional symptoms to expect and how to cope with them effectively
- Four FREE weeks of patches, gum or lozenges while supplies last

To participate, please be ready to set quit date for 1-2 weeks after class.

Please call or email to secure a place in the class. We look forward to helping you reach your new tobacco-free life

Contact: Katie Murphy

Email: Kmurphy@anahec.org

Phone: 813-929-1000 ext.208

Location Details

Florida Department of Health Pinellas - Clearwater Center

310 N. Myrtle Ave. - 2nd Floor Conference Room
Clearwater FL 33755 US



Clearwater Utilities' We Care Fund

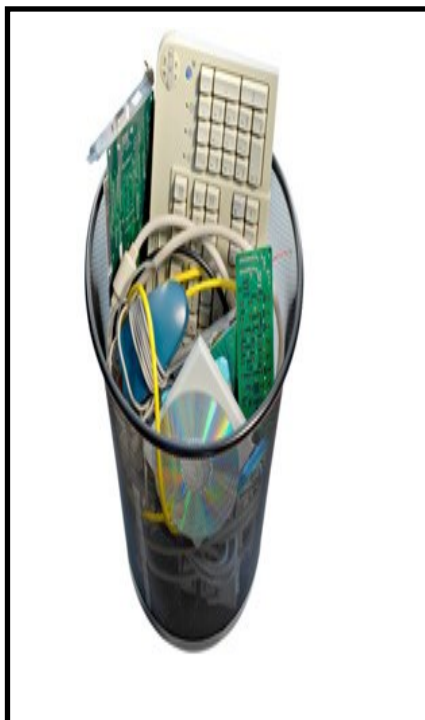
Because hardships know no season, the City of Clearwater's Utility Customer Service Department sees people throughout the year who need temporary assistance in paying their city utility bills. That's why there's the We Care Fund.

The City of Clearwater Utilities' We Care Fund is a community partnership program funded by the City of Clearwater Utilities and voluntary contributions from utility customers that assists needy families and individuals in our community with paying their water, wastewater, solid waste, and gas bills.

The City of Clearwater contributes annually to the We Care Fund, and contributions also are requested from utility customers each holiday season. Continuing gifts of just one dollar or two each month can mean so much to someone just struggling to get by. Funds are released throughout the year to a local branch of the Salvation Army to provide temporary assistance to eligible customers of City of Clearwater utilities.

The We Care Fund has been helping Clearwater folks with temporary utility bill payment assistance since 1992. Each year, the We Care Fund has helped hundreds of households in our community.

To donate or for more information, contact the Utility Customer Service Department at **(727) 562-4600**.



Electronic Waste Disposal Event 3/30/2016

Location: Clearwater Recycling Drop-off Center,

1701 N. Hercules Ave.

Time: 7:00 AM - 3:00 PM

Contact: Solid Waste & General Services, (727) 562-4933

Description: Don't know what to do with your old TV? Bring it to the city of Clearwater's monthly Electronics Collection Day. Clearwater residents with proof of residency (a utility bill) may bring unwanted electronics to the recycling drop-off center for free disposal. Hazardous electronics accepted include TVs, monitors, laptops, power supplies, CPUs, cell phones and other devices with rechargeable batteries.

